## SERENITY SOUNDS

Join us for a transformative experience in sound therapy.

Connect with the therapeutic benefits of the voice with guided exercises followed by a relaxing sound bath. A deeply nurturing experience that revitalizes and rejuvenates.

Contributions £25 (concessions available)



Run by qualified practitioners of BAST Hanna Burchell and Emi Staszczuk



To book contact 07814 711531, 07511 218192 or saswithemi@protonmail.com